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LIFE SKILLS CHECK LIST: AGES 1-2 YEARS

Child: _____ Date: _____ Age: _____

| Dressing | Adult provides 50% assistance | Adult provides 75% assistance | Adult does 100% of dressing |
|-----------------|--------------------------------------|--------------------------------------|------------------------------------|
| Socks | | | |
| Shoes | | | |
| Underwear | | | |
| Pants | | | |
| Shirt | | | |
| Jacket | | | |
| Hat | | | |
| Gloves/Mittens | | | |
| Other: | | | |

What type of clothing does your child prefer wear? (Elastic waist pants, snaps, t-shirts, button down shirts etc.)

Please list clothing your child will not wear, and why?

| Un-Dressing | Independent | Child assists, but Adult completes | Dependent |
|--------------------|--------------------|---|------------------|
| Socks | | | |
| Shoes | | | |
| Underwear | | | |
| Pants | | | |
| Shirt | | | |
| Jacket | | | |
| Hat | | | |
| Gloves/Mittens | | | |

| Play/Social | Less than other children | Equal to other children | Slightly more than children | Much more than children |
|----------------------------------|---------------------------------|--------------------------------|------------------------------------|--------------------------------|
| Is shy or nervous with strangers | | | | |
| Has favorite toys or people | | | | |

| | | | | |
|--|--|--|--|--|
| Can repeat or imitate sounds and movements | | | | |
| Can empty and fill containers | | | | |
| Notices or reacts to sounds or large changes in facial expressions | | | | |
| Explores properties of objects (i.e. shaking, banging, throwing) | | | | |

Comments: _____

Please indicate how often your child exhibits the following feeding and eating behaviors:

| Feeding | Frequently | Occasionally | Seldom | Never |
|--|-------------------|---------------------|---------------|--------------|
| Has lip closure with spoon feeding from adult | | | | |
| Able to feed self, soft or small dissolvable foods (i.e. Cheerios) | | | | |
| Eats mashed table foods | | | | |
| Can drink from a sippy cup | | | | |
| Can drink through a straw | | | | |
| Able to take a bite from crunchier foods (i.e. cracker, cookie) | | | | |
| Attempts to feed self with spoon, once it is loaded | | | | |
| Beginning to stab food with a fork | | | | |

Comments: _____
